Two feet, Ten Toes

**What:** We train nurses to prevent loss of legs. Diabetes causes loss of sensation so that people don’t know they have a wound. It is further compounded by the poor blood vessel circulation also due to diabetes. This breakdown leads to chronic wounds, infection, and need for amputation. Developing countries see an increase in diabetes and therefore an increase in preventable amputations.

**Where:** Grenada is an island country in the southeastern Caribbean Sea, known as the "Island of Spice" because of the production of nutmeg. Its size is 133 sq mi. The per capita GDP is estimated at $4,750. There are nearly 100 preventable amputations per year.

The Rotary Club of Grenada-East in conjunction with the Ministry of Health, initiated in 2018 a foot care project called “Step-by-Step, improving diabetic foot care in the developing world”. Our project aims to:

- Train and equip nurses in surgical debridement of ulcers
- Train surgeons in limb-salvage procedures
- Establish a diabetic foot clinics network

**Who:** Rotary Club of Boca Raton District 6930 & Rotary Club of Grenada-East
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August 2018: we trained and equipped 25 community-health nurses to perform surgical debridement of diabetic foot ulcers because there were no surgeons to do this.